



TAROLA PLASTIC SURGERY
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Nipple Reconstruction

When you wake up from your surgery you will have a protective plastic dressing applied over the new nipple(s). Keep this in place for two days after surgery. You may then remove everything down to the sutures and shower. Pat dry gently.

Apply antibiotic ointment to the surgical area and then reapply the protective dressing. Continue wearing the protective dressing for 10 days following surgery to help prevent disruption of the sutures and the new nipple(s).

No hot tubs or baths at this time. Do not allow water from the shower to directly hit the breast. The shower water may be directed on your back. You may shower with soap and water.

For bilateral nipple reconstructions, there will likely be some asymmetry.

CALL THE OFFICE IMMEDIATELY IF YOU EXPERIENCE ANY OF THE FOLLOWING:

- **A high fever (over 101°), severe nausea and vomiting, continued dizziness or incoherent behavior, such as hallucinations**
- **Any pain that cannot be controlled by your pain medication**
- **Bright red skin that is hot to the touch around your nipple**